

## **Music Therapist**

*Morgan P. Northland Pines High School*

I am roused in the early morning, by the sounds of the busy streets of Chicago. It's merely seven o'clock, and the city is already beaming with life. Breaking forth from my bed, I start my day with a cup of coffee, courtesy of my keurig. Taking the warm cup in my hands, I guide myself to the white skydeck on the exterior of my apartment complex. The sun is warm on my face, and I can smell the sweets of the bakery to the right of me. Today is like any other, in the life of a woman living as a music therapist in Chicago.

Around 8:30 I'm heading out the door, ukulele in one hand, and a stack of files in the other. I walk about three blocks until I reach my cozy little therapy office, which is lodged between a twenty-four hour gym, and a hair salon. After several minutes of searching for my keys in what seems to be my bottomless purse, I unlock the front door and enter my office. The smell of my wax burners and the sound of the quiet music fills the room with nothing but warmth and ease, which is the atmosphere I try to provide for my clients. It's taken countless hours of painting, years of schooling, and a lifetime of compassion to turn my dream into a reality.

My day will consist of several clients, coming in intervals of one hour. I will provide emotional support and advice to many who are suffering. Using the power of music and art, I wish to give hope to those who feel hopeless. In my few years of experience, I've already witnessed so many miracles and have heard stories I never thought I could comprehend. My heart is hurting, for all those I see in the day, each face that stops in my office. The goal of my career is to help them through whatever battle they are facing, and letting them know they are never alone.

As a current sophomore, I am striving to reach my dream career, as a music therapist. My desire, is living in the beautiful city of Chicago, with my own little therapy office where families and individuals can come in seek of help in their time of hurt. In order to get to that place, I am taking many steps. Starting with taking high school courses in seventh and eighth grade, in hopes to get a head start for my required amount of credits to graduate. I am currently taking an AP psychology class, which will be the first of many courses I will take with the main focus on human emotions and reactions. I will continue my high school career with the objective of a 3.6 or higher GPA each year. During my last year of high school, I will apply to many different schools throughout my

state and country. At the moment, I would love to attend the University of Madison Wisconsin, but we'll see where my career path takes me in the future.

I guess you could say I would just like to put my passion into my future career. I don't want to spend the next forty plus years at a job I don't necessarily find enjoyable. I want to help as many people as I can, use the light I have to guide them through the dark. Being a music therapist, I can incorporate two of the most important things in my life, music and compassion.

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